
Health & Wellness Resource Center

An Online Resource for trusted medical reference materials

Health & Wellness Resource Center provides instant access to carefully selected and trusted medical reference materials. Includes nearly 400 health/medical journals, hundreds of pamphlets, over 700 health-related videos, and articles from 2,200 general interest publications in addition to a broad collection of medical reference titles.

Accessing

1. Go to the Deschutes Public Library web page at <http://www.deschuteslibrary.org>.
2. Click once on Explore.
3. Click once on Online Resources.
4. Click once on Health & Wellness Resource Center under Health and Medical.
5. Click on View the Health & Wellness Resource Center.
6. Type in your 14-digit library card number and click Connect.

Getting Help

Click on Help or Search Tips at the top of the screen to access help information. Select from the topics listed.

Basic Searching

- Enter a word or words in the blank box.
- Select one of the following options: Keyword, Subject or Entire Document.
- Optionally check one or more search limiter boxes.
- Click on the Search button and the system searches for materials matching your search terms.

Advanced Searching

- Click the Advanced Search tab at the top of the screen.
- Enter a search term in the first available box, the other two are optional.
- Select an index from the pull-down list to target your search.
- You may enter other terms in each additional input box; select a logical operator (AND, OR, NOT) to connect the terms.
- Optionally enter one or more search limits to limit your results.
- Click on the Search button and the system searches for materials matching your search terms.

Viewing Results

Results are displayed as a series of tabs that group your results into similar types of sources and documents. Click on any article title to display the article.

Note that not every tab contains items, depending on your actual search results. Tabs with no results are grayed out. By default, results on the left-most tab will be displayed first. To view the results on a different tab, click the tab name. Tabs include:

- Books & Fact Sheets provide information from reference books and recognized health organizations.
- Magazines & Journals are articles from health and medical journals.
- Drugs & Herbal Remedies provide easy-to-understand pharmaceutical information.
- Pamphlets come from government-sponsored groups or medical/disease organizations.
- The Video collection is an extensive library of streaming video webcasts.
- News contains the latest health-related news from select newspapers from around the world.

Printing, Emailing, and Downloading

To Print, display the full-text of the article you wish to print. Click once on the Print button to the left of the screen. Use the browser print function to print the article.

To Email, display the article you wish to email. Click once on the Email button to the left of the screen. Complete the form and click on the Send button.

To Download, display the article you wish to download. Click download and follow the on-screen directions.

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DESCHUTES PUBLIC
LIBRARY

Special Features

From the basic search screen there are direct links to additional special indexes and resources. These are represented as a series of tabs beneath the banner at the top of the screen.

- Diseases & Conditions provides direct access to the *Gale Encyclopedia of Medicine* that covers basic information about diseases and disorders.
- Alternative Medicine provides direct access to the *Gale Encyclopedia of Alternative Health* that covers alternative treatments and additional information on topics such as herbal remedies, homeopathy, midwifery, and more.
- Drugs & Herbal Remedies searches authoritative reference titles for information on drugs and herbal remedies.
- Directories searches several medical directories for agencies, organizations, and schools; journals, newsletters, publishers, and Web sites; and hospitals, health care facilities, programs, and special care.
- Dictionary provides access to *Mosby's Medical, Nursing, & Allied Health Dictionary*.
- Trusted Sites include web sites that have been carefully selected for inclusion in the database.
- Health Assessment links to sites that offer personalized and interactive health assessments.

